

STRONGER IN MIND

I am stronger mentally because I believe that God's word is true. I receive confident assurance, I have peace because my mind is focused on God's word. I meditate on God's word several times each day. I choose to believe God's promises and I thank God for peace of mind, in Jesus' name, Amen.

The joy of the Lord is my strength. The spirit of God lives in me. Therefore, the joy of the Lord resides on my inside. I exude joy and happiness in all circumstances. Satan, I bind you from stealing my joy. I refuse to give in to all demonic advances and games that the enemy may be playing to steal my joy. I rejoice in the Lord always. Therefore, I'm strong in the spirit and in my mind always. Hallelujah. (Nehemiah 8:10; Philippians 4:4)

I am not bound by fear and doubt. God has given me the spirit of a sound mind. Therefore, my faith is growing stronger every day. When I walk through troublesome situations and circumstances, I know that God is with me so I am not afraid. I have God's strength is flowing in me and I will not fall victim to any oppression, depression or any demonic influence on my mind. (2 Timothy 1:7; Isaiah 43:1-4)

My mental stamina grows stronger as I allow the Holy Spirit to strengthen me internally. I refuse to worry; I am not anxious; I am courageous; I am bold; I can do all things through Christ who gives me strength. I reject all confusion in Jesus' name. I have a sound mind and I have clear understanding because the Holy Spirit teaches me, guides me, helps my weaknesses so I grow stronger daily. (Philippians 4:13; 2 Timothy 1:7)

I am not afraid of uncertainty or the unknown; I am not afraid of the future; I do not fear the dangers of today; I am not afraid of disasters, attacks, sicknesses or diseases because they are not my portion. Though a thousand may fall beside or around me, no evil will come near me in Jesus' name. I am stronger because Jehovah is my refuge and my strength. I choose the Almighty God as my shelter and my defense. I have angelic assistance and divine protection as I abide by God's instructions. (Psalm 91; Isaiah 41:10-13)

I AM STRONGER!